



Robert Pritchett, Director of Autism Accreditation at the National Autistic Society met two of our students, Beth and Maire, at a sharing practice meeting last year. Beth mentioned that there were no books available for teenage girls with autism, someone said she should write one and Maire suggested it should be illustrated. Autism Accreditation decided there and then that they would sponsor Limpsfield Grange girls with autism to write a book for teenage girls with autism. The book was written with the help of author Vicky Martin and illustrated by Luna Perez Visairas.

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Welcome to my world. It's tipsy, it's turvy and it's wobbly. It's a sweet and sour place to live and I'm just trying to find my place amongst the rough edges and smooth coating. I have to be on constant guard from the beast of anxiety, who lurks outside classroom doors and hides under windows, waiting to take me hostage and stops me from having a normal existence. I want a NORMAL existence. I want to be like all the other girls my age, who know what to say and what to do and I want affection and I want to be with Lynx, the juicy lipped, hair gelled love of my life in Year 9. But the problem is I seem to be on a different plain of existence to everyone else and no one can understand me or hear me and I'm stuck here on my own, for infinity, looking in.